RELEASE
Redressing long-term antidepressant use

THE UNIVERSITY OF QUEENSLAND
AUSTRALIA
CREATE CHANGE

How to search your practice database to identify patients on long-term antidepressants

In Best Practice, to generate a list of patients on long-term SSRIs:

- From the main screen (white page):
- Utilities (top bar)
  - Search
- Demographics
  - Age, >=, 18. Add. Okay.
- Drugs
  - a. Drug class
  - b. + Nervous system
  - c. + Psychoanaleptics
  - d. + Antidepressants
  - e. Selective serotonin reuptake inhibitors (N06AB)
    - i. Current Rx. AND. Add.
  - f. AND
  - g. Selective serotonin reuptake inhibitors
    - i. Past prescriptions (e.g. 20/5/2023 – 20/5/2024). Add. Okay.
- Run query

To generate a list of patients on long-term 'Other antidepressants':

Repeat steps a – d above:

- e. Other antidepressant (N06AX)
  - i. Current Rx. AND. Add.
- f. AND
- g. Other antidepressant
  - ii. Past prescriptions (e.g. 20/5/2023 – 20/5/2024). Add. Okay.

- Run query

To generate a list of patients on current 'Other antidepressant' and past SSRI:

Repeat steps a – d above:

- e. Other antidepressant (= N06AX)
  - a. Current Rx (date) (e.g. 20/5/2025). Add.
- f. AND
- g. SSRI
  - iii. Past prescriptions (e.g. 20/5/2023 – 20/5/2024). Add. Okay.

- Run query

Research Lead: Professor Katharine Wallis. Further information is available via the RELEASE website: medical-school.uq.edu.au/release
Ethical approval: The University of Queensland Human Research Ethics Committee (2022/HE001667). Funding: Commonwealth Department of Health, Medical Research Future Fund, Clinician Researchers Applied Research in Health - MRFAR000079. National Health and Medical Research Council (NHMRC) 2021 Partnership Projects PRC3 - 2015744.
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To generate a list of patients on current SSRI and past 'Other antidepressant':

Repeat steps a – d above:

e. SSRIs (=N06AB)
   1. Current Rx (date) (e.g. 20/5/2025). Add.

f. AND

g. Other antidepressant
   i. Past prescriptions (e.g. 20/5/2023 – 20/5/2024). Add. Okay.

- Run query

In Best Practice, to search your practice records to generate a list of patients on long-term antidepressants, you need to generate and run a new query that identifies combined 'current' AND 'past' antidepressant users. 'Past' is defined as from 2 years to 1 year prior to 'current' date. Thus if 'current' date is 20/5/2025, then 'past' date range is 20/5/2023 – 20/5/2024.

Antidepressants that may be of interest are SSRIs (N06AB) and 'Other antidepressants' (N06AX):

SSRIs (N06AB):

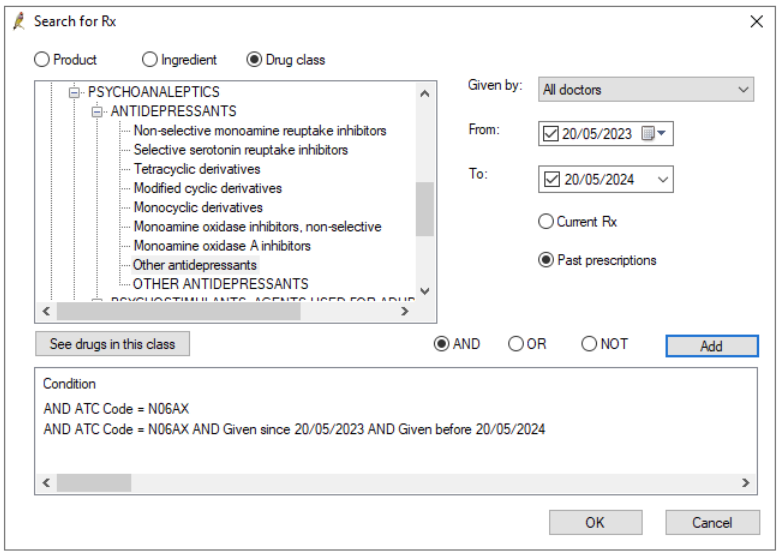
1. Sertraline (Zoloft, Sertra, Eleva, Setrona)
2. Escitalopram (Lexapro, Loxalate, Esitalo, Esipram, Lexam)
3. Fluoxetine (Prozac, Fluotex, Zactin, Lovan)
4. Citalopram (Cipramil, Celapram, Citalo,Talam)
5. Paroxetine (Aropax, Roxet, Extine, Paxtine)
6. Fluvoxamine (Luvox, Faverin, Movox)

"Other antidepressants" (N06AX):

1. Venlafaxine (Efexor, Elaxine)
2. Desvenlafaxine (Pristiq)
3. Duloxetine (Cymbalta, Duloxecor, Dytrex, Tixol)
4. Mirtazapine (Mirtanza, Avanza, Axit)
5. Agomelatine (Valdoxan, Domion, Ardix)
6. Vortioxetine (Brintellix)
7. Moclobemide (Amira, Aurorix, Clobemix)
8. Reboxetine (Edronax)
9. Mianserin (Lumin)

Hence, the combinations of interest in identifying patients on long-term antidepressants are:

- Current SSRI AND past SSRI
- Current 'other' AND past 'other'
- Current 'other' AND past SSRI
- Current SSRI AND past 'other'



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